

## Revisiting “CaveQuest” VBS



Lesson Plan Outline:

Suggestions One: Choose one day of the week to be your VBS Day and go through all the activities in sequence.

Suggestion Two: Spread out your VBS through the week. In this case, I suggest:

- ❖ **Monday** - Learn the Bible Point, Read the Bible story Together, Watch the Animal Buddy Video, and practice the song for the week.
- ❖ **Tuesday** - Review the Bible Point & re-read the bible story. Recall the animal buddy and review the song. Do the craft activity.
- ❖ **Wednesday** - Review the Bible Point & re-read the bible story. Recall the animal buddy and review the song. Learn the second song. Play the game together.
- ❖ **Thursday** - Review the Bible Point & re-read the bible story. Recall the animal buddy and review the songs. Read about the service opportunity and discuss how you can help to serve others.
- ❖ **Friday** - Review the Bible Point & re-read the bible story. Recall the animal buddy and review the songs. Discuss your favorite activity of the week and repeat it if desired! Prepare and enjoy the special snack as a celebration of your week!
- ❖ *Remember to send Ms. Lisa some pictures or videos of your at home VBS activities!!! [lwitherspoon@fpcgreensboro.org](mailto:lwitherspoon@fpcgreensboro.org) (Submitting photos/videos grants permission to FPC to post on social media, although we may not be able to post all pictures/videos.)*

- **Lesson Two: Week Of June 7-13**

- **Bible Point** - Jesus gives us courage.
- **Memory Verse** - Matthew 14:27 -*But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."*
- **Bible Story** - Jesus and Peter Walk on Water (Matthew 14:22-36)
- **Animal Buddy** - Mawtha the Moth  
(<https://www.youtube.com/watch?v=mEOflDvTE2Q&feature=youtu.be>)



- **Music** -
  - I'm All In (<https://www.youtube.com/watch?v=KD-ch5s6mNY&feature=youtu.be>)
  - Light of the World  
(<https://www.youtube.com/watch?v=el302Av7vSI&feature=youtu.be>)
- **Craft** - Slime Time!
  - *When Peter walked on the water to Jesus, he got scared and needed Jesus to give him strength and help him find courage. As you make the slime, think about how the other ingredients change the water and make it stronger. How can having faith in Jesus change you and make you stronger, too?*
  - *To make the slime, you can use your own recipe or try this one:*  
<https://www.delish.com/entertaining/a23310018/how-to-make-slime/>
- **Game** - Obstacle course! -Set up an obstacle course in your house or yard. Make the difficulty appropriate for the age of the children participating. If children are older, you can even try having one child lead another blindfolded child through the course! *Is it harder to walk when there are obstacles in the way? What gets in our way when we try to follow Jesus? (If you tried it blindfolded, was it hard to trust you leader? )*

- **Serving Others** - There are lots of community helpers around us who have to have courage every day to do their jobs! *Do you think firefighters, police officers, or other community helpers get scared sometimes?* Consider dropping off some treats such as cookies or doughnuts at your local fire station or just say “Thank you!” the next time you see a police officer out in public!
- **Snack** - Waffles! Sometimes when we don't have courage and can't make up our mind, we “waffle” or hesitate. Have a tasty treat with your favorite waffles and toppings while you talk about how we can ask Jesus to help us have courage so we don't “waffle” in our faith!